

*School Life*, a magazine about education, has invited readers to send in essays in which they give their opinion on daily sports and exercise in schools. The best essay will be published and the winning author will win a year's membership at a local gym.

You have decided to take part in the competition. In your essay, argue for or against finding time in the school timetable for sports every day. You should:

- give reasons for providing or not providing daily sports and exercise
- discuss the effects of including sports in the school timetable
- discuss whether you think schools in your country offer enough sport or too much

Write around **400 words**. Give your essay a title.