

Read the text about the biological clock. Some of the lines are correct; some have a word, which should not be there. Write this word in the box next to the line. If the line is correct put a tick (✓) in the box.

The biological clock

1	Humans have biological clocks that control their daily rhythms. Some	✓
2	functions, like sleeping and waking yourself up have a 24-hour rhythm.	yourself
3	Others, especially the illnesses, have a yearly rhythm. Cold and flus, for	the
4	example, often happen in winter. While most people get measles during	while
5	the spring and summer.	the
6	When travelling by plane you should often cross many time zones. During	should
7	such trips your internal clocks don't seem to work always properly. We	always
8	call this jet lag. It makes you feel tired and it may take your body's	✓
9	biological clock several days to get it used to the new place.	it
10	People who work night shifts can also have problems with their	✓
11	biological clocks. In general, they may not be as alert or active as such	such
12	people who work during the daytime. They also have more accidents	✓
13	during the work. In some cases, they experience more health and	the
14	sleeping problems than other people.	✓
15	By using the right medicine you can even fight off problems that are	even
16	connected with different times of day. When heart attacks and strokes	when
17	often happen in the morning– between the time you may get up	may
18	and noon. Asthma often just occurs between midnight and the morning	just
19	hours. So when people with weak a heart disease take their medicine	weak
20	right after waking up it might prevent a heart attack.	✓
21	Biological clocks control over many rhythms of life. We are constantly	over
22	learning more and even more about these rhythms. Doctors are looking	✓
23	for new ways to make travelling more than comfortable and medical	than
24	treatment more effective.	✓